



**Divine Science
Federation International**

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Spirit in Action

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Nov. 1: "God' is the...persistent action of Life...Health is the true God intended state of being." Irwin Gregg

As God is perfect and God is the All-in-all and the Substance of all that is, perfect wholeness is my divine right. I accept it now! And so it is.

Nov. 2: "Each day brings me a fresh supply of hope and joy." RH Grenville

This is a new day and right now I am immersed in the power and presence of God. Miracles are possible! Amen.

Nov. 3: "The power of the eternal One is ready to move in my life." Helen Zagat

God is ready to share all that God is with me; and I am now ready to receive God's Good! And so it is.

Nov. 4: "Today is the day to shed worry of every sort." Martha Dawson

Dear God, I am enfolded by your light and grace, and so it is that I have nothing to fear. My heart is glad is grateful. Amen.

Nov. 5: "Do not condemn yourself!" Ada Fay

The Apostle Paul said, "For freedom Christ has set you free!" My indwelling Christ Nature is the perfect image of God. I am not my past. I am not my mistakes. I am not the judgments others have made. I'm not even the judgments I have made! I am God's child; and so it is.

Nov. 6: "The starting point for the demonstration you wish is the realization that the good you pray for already is." Max Ballard

There is no shortage of miracles. The good I am looking for is just waiting for me! May I see and seize it now. Amen.

**Nov. 7: "Old resentments and hatreds have no place in my present life and are not part of the person I am now."
Carley Dawson**

Spirit of Love, forgiveness frees me from the past and heals me from the pain I have carried. I forgive myself and others for all mistakes and misdeeds, real or imagined, and I am now healed. I am free. I rejoice. Amen.

Nov. 8: "[Dear God], I feel your perfect life around me and within me. My wholeness is established and I enjoy abundant health now." Irwin Gregg

Because God's Life is living Itself in, through, and as me, I am strong, vibrant, and full of joy here and now. Alleluia! And so it is.

**Nov. 9: "Become aware today that God's power is within you."
Vernon Shields**

"Our Father/Mother God which art in heaven..." means Absolute Being which permeates the universe and which, therefore, is with and within me. And so, Father/Mother God, with and within me, I rejoice in my awareness of my unity with you. And so it is.

**Nov. 10: "There is no death! What seems so is a transition."
Henry W. Longfellow**

The physical body will eventually return to the elements, but the Life which animates it is eternal, from everlasting to everlasting. Omnipresent Life is my life and It is forever. Alleluia! And so it is.

Nov. 11: "The greatest Truth of all is that there is nothing but God!" Estelle M. Hart

"In the beginning, God created..." God, being everywhere fully present, is really the only Substance. So, from what does God create? God's Self! Because I am, I Am part of God, and all that God has is mine. I receive my good gladly today. Amen.

Nov. 12: "...we cannot go outside of God's presence." Vernon Shields

God is everywhere fully present. The psalmist prayed, "Where can I go from your presence? Where can I flee from your spirit?" He went on to say that wherever he might go, even in the sky or beneath the earth, God would be there. It is my great comfort to remember that I simply cannot go outside of God's presence. Thanks be to God! Amen.

Nov. 13: "...we are one with God...the name of God is emblazoned in our hearts. We move through every challenge, fully capable of victory against all odds." Karl Kopp

No matter what happens, peace is possible. No matter what happens, hope is accessible. No matter what happens, there is grace equal to every need. No matter what happens, I am a child of God and the power of God is with me. And so it is.

Nov. 14: "When I am willing to learn from my yesterdays and remember who I am, a cosmic being, my ways improve." Dr. F. Bernadette Turner

Yesterday is over. I release it, keeping only the positive lessons it taught me. Memories can bless me, but they cannot hurt me nor can they determine my future. Each day is new and I am determined to live in the now. Right now is where All Power resides. Amen.

Nov. 15: "...I now center my faith in the unseen goodness of life. I know that [God's] Presence illumines my soul, directs my path, heals my ills, and establishes order and prosperity in all my affairs." Irwin Gregg

Dear God, you are right here with me, and wherever you are, All Good is, and so all that is good is possible for me. Thank you, God. Amen.

Nov. 16: "I believe with all my heart in one Power, and that one, good...By inheritance, the power of the Limitless is mine." Fannie James

I am a child of God and nothing can keep my divine inheritance from me. By divine right I deserve to be happy, well, safe, and successful, and so I must be and so I will be and so I am. Amen.

Nov. 17: "I affirm my continuous unity with that Spirit that is all Power." Fannie James

There is one Power, I am one with It and I am abundantly blessed by It. And so it is.

**Nov. 18: "When we turn to God, we have all the wisdom of the Infinite working with us to guide, sustain and carry us through...the presence of divine Wisdom is with us."
Grace L. Faus**

I am safe in divine Arms. I am safe in divine Love. All is well, and I am thankful. Amen.

Nov. 19: "God is in heaven, to be sure. But since God is omnipresent, everywhere present, then heaven must be everywhere present, within us and about us at every point, here and now." Barbara L. Wolfe

God in heaven, God in me, God in everything that was, is, or will be, I thank you for the Good that I have known and for the Good that is still to come. Amen.

Nov. 20: "Some may ask, 'Why did God make me a weak, sinful creature?' God did not. God is expressing you this moment as a part of [God's] own perfect Being. You must open your eyes to this truth." Carrie Munz

I am a living miracle! Thank you, God. Amen.

Nov. 21: "With gratitude I go forth into my world, knowing that, together with my [God], I am the master of every situation that confronts me. Thank you, [God], for being always with me." Max Ballard

Thank you, God, for being always with me. With your power flowing through me, there is no limit to what I can achieve. Amen.

Nov. 22: "Today I rejoice in knowing that God is my immediate and abundant supply. I trust [God] for my every need." Nona Brooks

You, God, are the Source of my supply, and so it is that my every need is met. I am glad and grateful. Amen.

Nov. 23: “[I bless] this day and the good that it holds for me. I bless all things and people who touch my life in any way, recognizing that it is God, the Good, expressing in them and through them.” Vernon Shields

“This is the day that has been given to us; I will rejoice and be glad in it!” I expect and accept blessings today. All is well; and so it is.

Nov. 24: “God’s Divine protection is as available to us as it was to Jesus.” David Alkins

The one, universal, eternal Power is equally accessible to all people at all times. And so it is that I am filled with hope, peace, and joy. Amen.

Nov. 25: “I give thanks for God’s ever-dependable Presence... [God] is in me and in every other person. I rejoice and am glad.” Margaret Mattson

Indwelling God, I am thankful for your light shining through me and for your grace that is equal to my every perceived need. I depend on the comfort you offer and the strength you provide. In you, all is well. Amen.

Nov. 26: “I am wrapped in the glow of [God’s] Presence. I feel warm, secure - at peace. [God is] all there is.” Nancie Hunt

I am enfolded by and filled with the Love that God is. Remembering this makes me happy and helps me feel safe and optimistic. And so it is.

Nov. 27: “I am thankful that Infinite Spirit supplies all my needs and is always ready to whisper the best course to follow when I desire guidance.” Margaret Mattson

Thank you, God, for your constant help in my life. Amen.

Nov. 28: "God indwells me...My trust is in this living Presence." Vernon Shields

In this holy instant, I turn within and encounter a Sacred Presence. I bow before its Radiance. I allow this indwelling Friend to lavish me with love and encouragement. I give thanks for waves of blessings now coming my way. Amen.

Nov. 29: "At the heart of our divine being a song exists, the song of our deep realization of God's love for us." Vida Reed Stone

My heart sings as I consider that the infinite Love that God is forever includes me. Alleluia! Amen.

Nov. 30: "The Power that was manifested in Jesus was God's power; it is everywhere at all times and belongs to each child of God. As soon as we know this, as Jesus knew it, we may, like him, be the instrument of good." Fannie James

The power of God flowing through me is working miracles in my life and in my world. Thanks be to God! Amen.

NEW THOUGHT LUMINARIES FOR NOVEMBER

Divine Science

Larry Morris (d. 2015) – Divine Science minister (ordained through Brooks Divinity School), Dr. Morris held a PhD in Literature from the University of New Mexico (his focus was mystical literature). His spiritual influences were varied and included Beat poetry and J. Krishnamurti. Larry was the minister of Hillside Community Church in New Mexico and he authored the book, *Easy Does It: Positive thoughts for Daily Living*.

Daisy Baum (1856 – 1923) – an early teacher of and writer about Divine Science. She personally overcame an anxiety disorder through the principles of New Thought healing. The following is from a prayer from her book, *Individual Responsibility*: "[God], I acknowledge thy loving goodness everywhere, even within myself. Thou art the Life that animates me. Thou art the Power that sustains me. Thou art the Wisdom that heals me. Thou art the Love that surrounds me. I rest in, and trust thy unfailing Intelligence to guide me in all my ways..."

Helen Zagat (1893 - 1975) - Helen Zagat is the author of the classic text, *Faith & Works*. A graduate of Barnard College and a former modern dancer, she became a Divine Science minister and was the pastor of the Church of Divine Unity in NYC. Her ministry spanned more than 30 years. She wrote, "In our awareness of God as Omnipresence, we feel that Spirit cares for each one of us. We are never alone." She stressed 5 attributes of God: Life, Wisdom, Love, Power, & Substance.

Other New Thought Metaphysicians

Ralph Waldo Trine (1866 - 1958) - philosopher and New Thought author lived to the age of 92. Attended the University of Wisconsin and earned a Master of Arts degree from Knox College. Taught at Emerson College and influenced E. W. Kenyon, the father of the "Word of Faith" movement. Trine was influenced by Emerson and Emmet Fox, and his principles were echoed by Napoleon Hill. Trine taught, "Never affirm or repeat about your health what you do not wish to be true." He also counseled: "To get up each morning with the resolve to be happy...is to condition circumstances instead of being conditioned by them."

Napoleon Hill (1883 - 1970) - Self-help guru and personal development expert, Hill was inspired by Dale Carnegie and Charles Haanel. Hill was an advisor to Presidents Woodrow Wilson and Franklin D. Roosevelt. Hill believed fear and selfishness contribute to failure. He was one of the thinkers who inspired Norman Vincent Peale. His books include *The Law of Success*, *Think and Grow Rich*, and *Success Through a Positive Mental Attitude*. Hill believed, "Every adversity, every failure, every heartache carries with it the seed of an equal or greater benefit." His most famous saying may be, "Whatever your mind can conceive and believe, [it] can achieve, regardless of how many times you have failed in the past."

C. Alan Anderson (1930 - 2012) - a Process New Thought philosopher, held a PhD in Philosophy from Boston University. His doctoral dissertation was titled, "Horatio W. Dresser and the Philosophy of New Thought." He developed what is believed to be the first New Thought website. He wrote *God in a Nutshell, The Problem is God: The Selection & Care of Your Personal God*, and with his wife (Dr. Deb Whitehouse), *New Thought: An American Spirituality*.

Charles Haanel (1866 - 1949) - author of *The Master Key System*, a book that laid out principles that Napoleon Hill credited with helping him succeed in his work. Haanel taught: "There is a world within - a world of thought and feeling and power; of light and life and beauty; and, although invisible, its forces are mighty." Haanel is quoted in the popular self-help book, *The Secret*.

James Allen (1864 - 1912) - best known for his book *As a Man Thinketh*, which has been mass produced since its original publication in 1903. His work is still lauded by motivational speakers and inspirational writers. Allen counseled: "[One's] mind may be likened to a garden, which may be intelligently cultivated or allowed to run wild."

Other Philosophers & Theologians

Agnes Sanford (1897 - 1982) - the daughter of Presbyterian missionaries and the wife of an Episcopal priest. She became a world renown healer, and taught that the bible was more than information...it contained the energy of faith which could work miracles. She believed that healing was possible if we would "pray down" our doubts and expect something good to happen. Sanford acknowledged that effective prayer principles were universal, not limited to any one religion and she firmly believed that "experience comes before theology." Visualizing success, affirming our Good, giving thanks for our Good, imagining healing energy flowing through us, and quoting affirmative bible verses were among the prayer techniques she offered.

She believed the return of Christ had happened at Pentecost, and that Christ continues to return every time we extend love, kindness, or forgiveness in our world. Though her background was Protestant and her theology was very compatible with the New Thought movement, she also had charismatic experiences.

George Hegel (1770 - 1831) - a German philosopher and believer in Oneness who developed the dialectic process of thought: Thesis, Antithesis, and Synthesis. He believed that in thinking we develop a thesis, then question it and develop its opposite, and finally put the two together to form a unity. The whole concept is of course greater than any of its individual parts. Synthesis always transcends dichotomy. It is the idea that is absolute, or real...only the idea is really real. He also believed in the unity of spirit and matter, of the divine and human. He wrote, "God is the system of relationships in which all things move and have their being and their significance. In [humans], thought, realizing itself as part of the absolute, transcends individual limitations and purposes and catches underneath universal strife the hidden harmony of all things."

Baruch Spinoza (1632 - 1677) - born in Amsterdam because his father had been exiled from Portugal. He was a student of the Jewish Talmud and the Torah, as well as of Kabala. Spinoza was also influenced by Maimonides and Descartes. A pantheist, he believed God to be the very Substance of the Universe. He also challenged people to think in abstract ways, saying, "God is not only the process of thinking, God is also the thought itself."



My Notes



Divine Science Statement of Being

God is all, both invisible and visible.
One Presence, One Mind,
One Power is all.
This One that is all is perfect life,
perfect love, and perfect substance.

*[We are] the individualized expression of God and [are] ever one
with this perfect life, perfect love, and perfect substance.

*Man is...and is...